

AREA 5: THE EASTERN HIGHLANDS

All mountain areas east of the A9.

Updated 08 September 2020

Hills are arranged in the table roughly from south to north.

¹ No stalking information provided, be prepared to follow reasonable local guidance.

² 'No stalking issues' means either that there is no stalking on this estate or that stalking is carried out without affecting access.

Hill name	Contact for stalking information
A9 to Glen Feshie, Glen Geldie and Glen Shee	
Ben Vrackie ¹	
Beinn Vuirich	West of summit: Lude. Stalking between beginning of Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01796 481740. If further information is needed, please e-mail julia@atholl-estates.co.uk (office hours or weekends) or phone 01796 481355 (office hours only).
Beinn a'Ghlo: Carn Liath (Beinn a'Ghlo), Braigh Coire Chruinn-bhalgairn and Carn nan Gabhar. Beinn Dearg (Atholl), Beinn Mheadhonach and Carn a'Chlamain	Atholl & Lude Estates. Stalking between beginning of Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01796 481740. If further information is needed, please e-mail julia@atholl-estates.co.uk or phone 01796 481355 (office hours only).
A'Bhuidheanach Bheag and Carn na Caim	West of ridge: Drumochter South. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. If further information is needed please phone 07833 087675 or 01540 673952.
Meall Chuaich ¹	
An Dun and A'Chaoirnich ¹	
Beinn Bhreac (Corbett)	Summit area and land to south: Atholl Estates. Stalking between beginning of Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01796 481740. If further information is needed, please e-mail julia@atholl-estates.co.uk or phone 01796 481355 (office hours only).
Leathad an Taobhain and Carn Dearg Mor	South of Leathad an Taobhain: Atholl Estates. Stalking between beginning of Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01796 481740. If further information is needed, please e-mail julia@atholl-estates.co.uk or phone 01796 481355 (office hours only).
Meallach Mhor ¹	
An Sgarsoch and Carn an Fhidhleir	Land in Upper Geldie catchment to north of ridge: managed by National Trust for Scotland . No stalking issues. ² South of ridge (Glen Tarf): Atholl Estates. Stalking between beginning of Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01796

	481740. If further information is needed, please e-mail julia@atholl-estates.co.uk or phone 01796 481355 (office hours only).
Ben Gulabin	Rhiedorrach (Invercauld). Stalking between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.
Glas Tulaichean	East of ridge between summit and Creag a'Chaise (including Gleann Taitneach): Rhiedorrach (Invercauld). Stalking between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.
Carn an Rìgh ¹	
Carn Bhac, Beinn Iutharn Mhor and An Socach (Glen Ey)	Land north of Carn Bhac summit: National Trust for Scotland . No stalking issues. ² Land in Upper Glen Ey catchment to east of summits and north of An Socach ridge: Mar Estate. Stalking between late July and 20 Oct. No stalking at weekends. If further information is needed, please e-mail ineill@savills.com or phone 01224 971 111 South of An Socach ridge (including Baddoch Burn approach): Baddoch (Invercauld). Stalking between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.
The Cairnwell, Carn Aosda and Carn a'Gheoidh	North of Cairnwell-Carn a'Gheoidh ridge including Carn Aosda: Baddoch (Invercauld). South of ridge: Rhiedorrach (Invercauld). Stalking on both areas between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.
Morrone	North west of summit: Mar Estate. Stalking between late July and 20 Oct. No stalking at weekends. If further information is needed, please e-mail ineill@savills.com or phone 01224 971111. Southeast of summit: Baddoch (Invercauld). Stalking between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.
<i>East of Glen Shee</i>	
Monamenach	West of summit: Glenshee (Invercauld). Stalking between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224. North of summit: Tulchan of Glenisla. No stalking

	issues. ²
Badandun Hill	West, south and east of summit: Glenisla Estate. Stalking between late Sept and 20 Oct. The track from Forter up the south western slopes (via Cuingard), and the CATERAN Trail, are always OK. If further information is needed, please e-mail njhgibb@yahoo.co.uk or phone 07762 541554 between 7-9am or 6-8pm (if no reply, please leave a message and we'll phone back).
Creag Leacach, Glas Maol, Cairn of Claise and Carn an Tuirc	West of Creag Leacach to Cairn of Claise ridge, including Carn an Tuirc: Glenshee and Glencallater (Invercauld). Stalking between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224. Southeast of Creag Leacach-Cairn of Claise-Tom Buidhe ridge: Tulchan of Glenisla. No stalking issues. ²
Mayar and Driesh	Plateau north of Mayar: Tulchan of Glenisla. No stalking issues. ² Approach via Fee Burn/ Corrie Fee : managed by NatureScot: no stalking issues. ²
Tolmount and Tom Buidhe	West of Tolmount-Fafern timeridge: Glencallater (Invercauld). Stalking between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224. Land in Glen Doll/Glen Clova catchment to east of Tolmount and north of Tom Buidhe: Bachnagairn (Balmoral). Stalking between mid-Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01339 755532. If further information is needed, please e-mail glyn.jones@balmoralcastle.com at least a couple of days in advance or phone 01339 742556. The Den of Altduthrie (southwest of Bachnagairn) is regularly used for stalking, but the higher and more pleasant route to and from the plateau via the Glittering Skellies is always OK. South of Tom Buidhe: Tulchan of Glenisla. No stalking issues. ²
Creag nan Gabhar	Glencallater (Invercauld). Stalking between mid Sept and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.
Cairn Bannoch and Broad Cairn	North of ridge: Balmoral. South of ridge: Bachnagairn (Balmoral). Stalking between mid-Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01339 755532. The circuit of the five Munros above Loch Muick is always OK as long as you don't come down early, either across the

	White Mounth or into the Dubh Loch area. The low level Loch Muick circuit is also always OK. Please e-mail glyn.jones@balmoralcastle.com at least a couple of days in advance or phone 01339 742556 if further information is needed,
Carn an t-Sagairt Mor, Carn a'Choire Bhoideach and Lochnagar	Balmoral. Stalking between late Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01339 755532. Access to Lochnagar by the main path from Glen Muick or the Glas Allt path from Glas-allt-Shiel is always OK. The circuit of the five Munros above Loch Muick is also always OK, as long as you don't come down early either across the White Mounth or into the Dubh Loch area. The path to Lochnagar from the north through the Ballochbuie is also always OK -when stalking is taking place in this area walkers are asked to keep to the paths as the area around Sandy Lochan and Coire Lochan nan Eun is very important for stalking. The low level Loch Muick circuit is always OK. If further information is needed, please e-mail glyn.jones@balmoralcastle.com at least a couple of days in advance or phone 01339 742556.
Conachcraig	North of summit: Abergeldie. South of summit: Balmoral. Stalking on both areas between late Aug and 20 Oct. No stalking on Sundays. Recorded phone message: 01339 755532. If further information is needed, please e-mail glyn.jones@balmoralcastle.com at least a couple of days in advance or phone 01339 742556.
Ben Tirran/The Goet ¹	
Mount Keen	North of summit: Glen Tanar Estate. Stalking from late Sept to 20 Oct. No stalking at weekends. The main path up Mount Keen from the end of the tarred road in Glen Tanar is always OK. When stalking is taking place, it would be helpful if walkers could avoid using the Garbh Coire path (NO394917 to NO407900). If further information is needed, please e-mail colin@glentinar.co.uk (any time) or phone 01339 886451 during office hours. South of summit: Invermark Estate . Stalking between late Aug and 20 Oct. No stalking at weekends. If further information is needed please phone 01356 670208 after 6pm or between 7am and 8am Monday to Friday, or e-mail garry.maclennan@hotmail.co.uk .
Mount Battock ¹	
<i>The Cairngorms (north of Glen Geldie/Deeside) and Buchan</i>	
Mullach Clach a'Bhlair ¹	
Monadh Mor and Beinn Bhrotain	Land east of Monadh Mor-Cnapan Mor ridge including Glen Dee approach managed by National Trust for Scotland . No stalking issues. ²

Sgor Gaoith	<p>Land west of Carn Ban Mor- Sgor Gaoith- Argyll Stone ridge (excluding path from Achlean to Carn Ban Mor) managed by NatureScot: no stalking issues.²</p> <p>East of ridge: Rothiemurchus. Stalking between late Sept and 20 Oct. Access along the ridge is always OK (but dropping down into Gleann Einich may cause conflict with stalking). No stalking on Sundays. If further information is needed, please phone 01479 812345 (9.30am-5.30pm), 07887 648675 or, preferably, e-mail info@rothie.net ahead of visit.</p>
Sgor an Lochan Uaine (The Angel's Peak), Cairn Toul and The Devil's Point	<p>National Trust for Scotland. No stalking issues.²</p>
Braeriach	<p>North of ridge and west of Lairig Ghru: Rothiemurchus. Stalking between late Sept and 20 Oct. Access to Braeriach is always OK via the main track up Gleann Einich to the loch, the Coire Dhondail path and Einich Cairn, or from the Lairig Ghru via Sron na Lairige. No stalking on Sundays. If further information is needed, please phone 01479 812345 (9.30am-5.30pm), 07887 648675 or, preferably, e-mail info@rothie.net ahead of visit.</p> <p>South and east of ridge including southern approach via Lairig Ghru: National Trust for Scotland. No stalking issues.²</p>
Sgor Mor, Carn a'Mhaim, Ben Macdui and Derry Cairngorm	<p>National Trust for Scotland. No stalking issues.²</p> <p>Northern approaches to Ben Macdui managed by Highlands & Islands Enterprise and RSPB Scotland. No stalking issues.²</p>
Beinn Mheadhoin, Beinn a'Chaorainn (Cairngorms) and Beinn Bhreac	<p>Land south of Stob Coire Etchachan and Beinn a'Chaorainn, including Beinn Bhreac and approach via Glen Derry: National Trust for Scotland. No stalking issues.²</p> <p>Land north of Stob Coire Etchachan and west of Lairig an Laoigh, including Strath Nethy approach and most of Beinn Mheadhoin itself, managed by RSPB Scotland. No stalking issues.²</p>
Carn na Drochaide	<p>Southwest of summit: National Trust for Scotland. No stalking issues.²</p> <p>Northeast of summit: Invercauld Estate. Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.</p>
Carn Liath (Deeside) and Culardoch	<p>Invercauld Estate. Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail</p>

	office@invercauld.estate or phone 01339 741224.
Beinn a'Bhuird and Ben Avon	Land west and south of Beinn a'Bhuird, including Glen Quoich approaches, managed by National Trust for Scotland . No stalking issues. ² Land southeast of ridge from Beinn a'Bhuird North Top-Ben Avon-Loch Builg, including approaches via Gleann an t-Slugain and the upper Gairn: Invercauld. Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.
Cairn Lochan and Cairn Gorm	Highlands & Islands Enterprise and RSPB Scotland . No stalking issues. ²
Creag Mhor (Cairngorms) ¹	
Bynack More	RSPB Scotland . No stalking issues. ²
Meall a'Bhuachaille	Forestry and Land Scotland and RSPB Scotland . No stalking issues. ²
Geal Charn (Cairngorms) ¹	
Brown Cow Hill	South of ridge: Corndavon (Invercauld). No stalking issues. If further information is needed, please e-mail office@invercauld.estate or phone 01339 741224.
Morven ¹	
Carn Ealasaid ¹	
Carn Mor (Lecht) ¹	
Corryhabbie Hill ¹	
Ben Rinnes ¹	