

AREA 1: THE ISLANDS

Updated 20 June 2018

¹ No stalking information provided, be prepared to follow reasonable local guidance.

² 'No stalking issues' means either that there is no stalking on this estate or that stalking is carried out without affecting access.

Hill name	Contact for stalking information
Arran	
Goatfell	National Trust for Scotland . Stalking between early September and 20 October. No stalking on Sundays.
Beinn Tarsuinn, Cir Mhor and Caisteal Abhail	West of ridge: Dougarie Estate. Stalking between mid-August and 20 October. No stalking on Sundays. If further information is needed, please phone 01770 840259 or email office@dougarie.com . East of ridge: Arran Estate and National Trust for Scotland . Stalking between early September and 20 October. No stalking on Sundays.
Jura	
The Paps of Jura: Beinn an Oir, Beinn Shiantaidh, Beinn a'Chaolais ¹	
Mull	
Ben More	West of Abhainn Dhiseig, Ben More summit and Maol nan Damh: Ardmeanach Estates. North of Abhainn Dhiseig, Ben More summit, A'Chioch and Creag Mhic Fhionnlaidh: Benmore Estate. All other approaches from south: Rossal and Ardvergnish. All estates: most stalking between early Sept and 20 Oct. Routes following the main ridges are always OK. No stalking on Sundays. If further information is needed please phone 01681 705229 for Ardmeanach, 01680 300229 for Benmore Estate or 01681 704252 for Rossal & Ardvergnish, or visit http://www.mdmq.co.uk/deer-stalking/ .
Dun da Ghaoithe and Beinn Talaidh	Glenforsa and Torosay Estates. Most stalking between early Sept and 20 Oct. Routes following the main ridges are always OK. No stalking on Sundays. If further information is needed please phone 01680 300229 or visit http://www.mdmq.co.uk/deer-stalking/
Rum	
The Rum Cuillin: Askival and Ainshval	Scottish Natural Heritage . No stalking issues. ²
Skye	
The Cuillin: Sgurr nan Eag,	Sgurr na Stri, Druim Hain and land east of Glen Sligachan

Sgurr Dubh Mor, Sgurr Alasdair, Sgurr Mhic Choinnich, The Inaccessible Pinnacle (Sgurr Dearg), Sgurr na Banachdich, Sgurr a'Ghreadaidh, Sgurr a'Mhadaidh, Bruach na Frithe, Am Basteir and Sgurr nan Gillean	managed by John Muir Trust . No stalking issues. ²
Bla Bheinn	John Muir Trust . No stalking issues. ²
Garbh-Bheinn (Skye)	John Muir Trust . No stalking issues. ²
Glamaig	John Muir Trust . No stalking issues. ²
The Trotternish Hills ¹	
North Harris	
An Cliseam (Clisham) ¹	