

AREA 1: THE ISLANDS

Updated 13 June 2017

¹ No stalking information provided, be prepared to follow reasonable local guidance.

² 'No stalking issues' means either that there is no stalking on this estate or that stalking is carried out without affecting access.

| Hill name | Contact for stalking information |
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| Arran | |
| Goatfell | National Trust for Scotland . Stalking between early September and 20 October. No stalking on Sundays. |
| Beinn Tarsuinn, Cir Mhor and Caisteal Abhail | West of ridge: Dougarie Estate. Stalking between mid-August and 20 October. No stalking on Sundays. If further information is needed, please phone 01770 840259 or email office@dougarie.com . East of ridge: Arran Estate and National Trust for Scotland . Stalking between early September and 20 October. No stalking on Sundays. |
| Jura | |
| The Paps of Jura: Beinn an Oir, Beinn Shiantaidh, Beinn a'Chaolais ¹ | |
| Mull | |
| Ben More | West of Abhainn Dhiseig, Ben More summit and Maol nan Damh: Ardmeanach Estates. North of Abhainn Dhiseig, Ben More summit, A'Chioch and Creag Mhic Fhionnlaidh: Benmore Estate. All other approaches from south: Rossal and Ardvergnish. All estates: most stalking between early Sept and 20 Oct. Routes following the main ridges are always OK. No stalking on Sundays. If further information is needed please phone 01681 705229 for Ardmeanach, 01680 300229 for Benmore Estate or 01681 704252 for Rossal & Ardvergnish, or visit http://www.mdmq.co.uk/deer-stalking/ . |
| Dun da Ghaoithe and Beinn Talaidh | Glenforsa and Torosay Estates. Most stalking between early Sept and 20 Oct. Routes following the main ridges are always OK. No stalking on Sundays. If further information is needed please phone 01680 300229 or visit http://www.mdmq.co.uk/deer-stalking/ |
| Rum | |
| The Rum Cuillin: Askival and Ainshval | Scottish Natural Heritage . No stalking issues. ² |
| Skye | |
| The Cuillin: Sgurr nan Eag, | Sgurr na Stri, Druim Hain and land east of Glen Sligachan |

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| Sgurr Dubh Mor, Sgurr Alasdair, Sgurr Mhic Choinnich, The Inaccessible Pinnacle (Sgurr Dearg), Sgurr na Banachdich, Sgurr a'Ghreadaidh, Sgurr a'Mhadaidh, Bruach na Frithe, Am Basteir and Sgurr nan Gillean | managed by John Muir Trust . No stalking issues. ² |
| Bla Bheinn | John Muir Trust . No stalking issues. ² |
| Garbh-Bheinn (Skye) | John Muir Trust . No stalking issues. ² |
| Glamaig | John Muir Trust . No stalking issues. ² |
| The Trotternish Hills ¹ | |
| North Harris | |
| An Cliseam (Clisham) ¹ | |