

## AREA 2: THE NORTHERN HIGHLANDS

### Mountain areas north of Glen Shiel and the Great Glen (for islands see Area 1).

Updated 20 June 2018

*Hills are arranged in the table roughly from south to north.*

<sup>1</sup> No stalking information provided, be prepared to follow reasonable local guidance.

<sup>2</sup> 'No stalking issues' means either that there is no stalking on this estate or that stalking is carried out without affecting access.

Hill name	Contact for stalking information
<b>Glen Shiel to Glen Carron</b>	
The Five Sisters of Kintail: Sgurr Fhuaran, Sgurr na Carnach and Sgurr na Ciste Duibhe	<a href="#">National Trust for Scotland</a> . No stalking issues. <sup>2</sup>
Saileag, Sgurr a'Bhealaich Dhearg, Aonach Meadhoin and Ciste Dhubh	<p>Saileag, land to north of Sgurr a'Bhealaich Dhearg-Aonach Meadhoin-Ciste Dhubh ridge and land to north of Ciste Dhubh summit managed by <a href="#">National Trust for Scotland</a>. No stalking issues.<sup>2</sup></p> <p>Land to south and east of Sgurr a'Bhealaich Dhearg-Aonach Meadhoin-Ciste Dhubh ridge: Corriclair Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. The route to and from the ridge via NH038118, Meall a'Charra and Pt 806m – rather than directly from/to the Cluanie Inn - is always OK. The ascent/descent to/from Ciste Dhubh on the north-east (Coire an Athair) side is on NTS land and is also always OK. If further information is needed, please phone 07775 818207.</p>
Am Bathach	Corriclair Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. If further information is needed, please phone 07775 818207.
Mullach Fraoch-choire and A'Chraileag	<p>Land west of ridge and south of Stob Coire na Craileig (Pt 1008m): Corriclair Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. The most direct route straight up A'Chraileag from the A87, and descent by the same route, is always OK. If further information is needed, please phone 07775 818207.</p> <p>Mullach Fraoch-choire and land east of ridge managed by <a href="#">Forestry Commission Scotland</a>. No stalking issues.<sup>2</sup></p>
Sail Chaorainn, Sgurr nan Conbhairean and Carn Ghluasaid	<p>Land to north-west of Bealach Choire a'Chait-Sgurr nan Conbhairean-Sail Chaorainn ridge managed by <a href="#">Forestry Commission Scotland</a>. No stalking issues.<sup>2</sup></p> <p>Land south of Bealach Choire a'Chait-Sgurr nan Conbhairean-Carn Ghluasaid ridge: Corriclair Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. The route to the ridge from Lundie via the south ridge of Carn Ghluasaid, and descent by the</p>

	same route, is always OK. If further information is needed, please phone 07775 818207.
Carn a'Choire Ghairbh and Aonach Shasuinn	Land west and north of Tigh Mor na Seilge- Carn a'Choire Ghairbh-Carn Glas lochdarach ridge managed by <a href="#">Forestry Commission Scotland</a> . No stalking issues. <sup>2</sup>
Sgurr an Airgid	Inverinate Estate. Stalking between late Aug and 20 Oct. No stalking on Sundays. Access via the main path from Strath Croe is always OK. If further information is needed, please phone 01599 530055.
Beinn Fhada	<a href="#">National Trust for Scotland</a> . No stalking issues. <sup>2</sup>
A'Ghlas-bheinn	Inverinate Estate. Stalking between late Aug and 20 Oct. No stalking on Sundays. Access via the main path is always OK. If further information is needed, please phone 01599 530055.
Sgurr Gaorsaic, Sgurr nan Ceathreamhnan, An Socach (Glen Affric) and Mullach na Dheiragain	Land to north of Sgurr Gaorsaic-Sgurr nan Ceathreamhnan-An Socach ridge: Inverinate Estate. Stalking between late Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK. If further information is needed, please phone 01599 530055.  Land to south of Sgurr Gaorsaic-Sgurr nan Ceathreamhnan-An Socach ridge managed by <a href="#">National Trust for Scotland</a> . No stalking issues. <sup>2</sup>
Mam Sodhail, Carn Eige and Beinn Fhionnlaidh (Glen Cannich)	Beinn Fhionnlaidh and land to north-west of Carn Eige-Mam Sodhail-Bealach Coire Ghaidheil ridge: Inverinate Estate. Stalking between late Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK. If further information is needed, please phone 01599 530055.
Tom a'Choinich and Toll Creagach	Land south of Tom a'Choinich-Toll Creagach ridge and east of Tom a'Choinich-Creag na h-Inghinn ridge (including approach via lower Gleann nam Fiadh) managed by <a href="#">Forestry Commission Scotland</a> . No stalking issues. <sup>2</sup>
Sguman Coinntich, Faochaig and Aonach Buidhe	Inverinate Estate. Stalking between late Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK. If further information is needed, please phone 01599 530055.
An Socach, An Riabhachan, Sgurr na Lapaich and Carn nan Gobhar (Glen Cannich)	South-west slopes of An Socach including Coire na Breabaig, Coire Lungard and Meall a'Chaisg: Inverinate Estate. Stalking between late Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK. If further information is needed, please phone 01599 530055.  Land south of main An Socach-An Riabhachan-Sgurr na Lapaich-Carn nan Gobhar ridge (and east of Meall a'Chaisg): East Benula and Glencannich Estates. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges, avoiding cutting down through Coire Socrach, is always OK. If further information is needed, please

	phone 01456 415339.
Sgorr na Diollaid	South of main west-east ridge: Glencannich Estate. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK. If further information is needed, please phone 01456 415339.
Beinn Dronaig	Attadale Estate. Occasional stalking from late Aug, then six days per week from mid Sept-20 Oct. No stalking on Sundays. Recommended routes are shown on the map at the Attadale Estate walkers' car park found at the estate entrance off the A890 (or visit <a href="http://www.attadale.com">www.attadale.com</a> for the same info). If further information is needed, please phone 01520 722308 after 7pm.
Beinn Tharsuinn, Bidean a'Choire Sheasgaich and Lurg Mhor	<p>North of Abhainn Bhearnais and East of Bealach Bhearnais: Achnashellach Estate. Stalking between late Sept and 20 Oct. No stalking on Sundays. The main path from Craig to the Bealach Bhearnais (via the Allt a'Chonais) is always OK. If further information is needed, please phone 01520 722703 after 7pm.</p> <p>South of Abhainn Bhearnais and west of Bealach Bhearnais: Attadale Estate. Occasional stalking from late Aug, then six days per week from mid Sept-20 Oct. No stalking on Sundays. The traverse of Beinn Tharsuinn, Bidein and Lurg Mhor (following the ridge between summits and avoiding cutting down through Coire Seasgach), is always OK. Recommended routes to Bidean and Lurg Mhor from the west are shown on a map at the walkers' car park at Attadale (NG925387) and at <a href="http://www.attadale.com">www.attadale.com</a>. If further information is needed, please phone 01520 722308 after 7pm.</p>
Sgurr na Feartaig	Achnashellach Estate. Stalking between late Sept and 20 Oct. No stalking on Sundays. The main path from Craig (via the Allt a'Chonais), and the stalkers paths to the summit from NH070482 and from Bearneas bothy, are always OK. If further information is needed, please phone 01520 722703 after 7pm.
Sgurr Choinnich and Sgurr a'Chaorachain (Loch Monar)	<p>Land to north of main ridge: Achnashellach Estate. Stalking between late Sept and 20 Oct. No stalking on Sundays. The main path from Craig to the Bealach Bhearnais (via the Allt a'Chonais), and the ridges, are always OK. If further information is needed, please phone 01520 722703 after 7pm.</p> <p>North-east corrie of Sgurr a'Chaorachain, including Sron na Frianich: Glencarron &amp; Glenuaig Estate. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK.</p>
Maoile Lunndaidh and An Sidhean	North of Drochaid Mhuilich-Maoile Lunndaidh summit-Creag Dhubh Mhor-Creag Dhubh Bheag: Glencarron & Glenuaig Estate. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and

	<p>ridges is always OK.</p> <p>East of Creag Dhubh Bheag-An Sidhean summit-Druim Dubh: Strathconon Estate. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK.</p> <p>South of Drochaid Mhuilich-Maoile Lunndaidh summit-Creag Dhubh Mhor- Creag Dhubh Bheag-An Sidhean summit-Druim Dubh: East Monar Estate. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK. If further information is needed, please phone 01463 761210.</p>
Sgurr Fhuar-thuill, Sgurr a'Choire Ghlais, Carn nan Gobhar and Sgurr na Ruaidhe (Strathfarrar)	<p>North of ridge: Strathconon Estate. Stalking between 1<sup>st</sup> Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK.</p> <p><u>Braulen Estate</u>. Stalking between 1<sup>st</sup> August and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK. For information purposes there is are stalking maps at the parking areas. If further information is needed, please phone 01463 761204/761235.</p>
Beinn a'Bha'ach Ard	<p>Culligran Estate. Stalking between mid Sept and 20 Oct. No stalking on Saturdays or Sundays. If further information is needed, please e-mail <a href="mailto:frank@culligran.co.uk">frank@culligran.co.uk</a> or phone 01463 761285 or 07917 166539.</p>
Bac an Eich	<p>Strathconon Estate. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK.</p>
Sgurr nan Ceannaichean and Moruisg	<p>Northern slopes (extending as far east as Loch Cnoc na Moiteich) and entire south side of ridge east of Pollan Buidhe: Glencarron &amp; Glenuaig Estate. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK.</p> <p>South-western slopes of Sgurr nan Ceannaichean: Achnashellach Estate. Stalking between late Sept and 20 Oct. No stalking on Sundays. The path from Craig (via the Allt a'Chonais), and the stalkers path up the south flank of this hill from Pollan Buidhe, are always OK. If further information is needed, please phone 01520 722703 after 7pm.</p>
Sgurr a'Mhuillin and Meallan nan Uan	<p>Strathconon Estate. Stalking between Aug and 20 Oct. No stalking on Sundays. Access via the main paths and ridges is always OK.</p>
<b><i>Glen Carron to the A835 (Garve-Ullapool road)</i></b>	
Sgurr a'Chaorachain and Beinn Bhan (Applecross)	
Maol Chean-dearg and An Ruadh-stac	<p>Land to south-west of An Ruadh-stac: Kinlochdamp Estate. Stalking between 1 July and 20 Oct. No stalking on Sundays. If approaching from the south-</p>

	west, information boards can be found at the entrance to Kinlochdampn Lodge and at Glasnock. If further information is needed, please phone 07836 275607 or 07920 013723, or e-mail <a href="mailto:mmbadams@hotmail.com">mmbadams@hotmail.com</a> .
Beinn Damh <sup>1</sup>	
Fuar Tholl, Sgorr Ruadh and Beinn Liath Mhor	North of Beinn Liath Mhor ridge: Coulin Estate. Stalking between mid Aug and 20 Oct. No stalking on Sundays. The route from the Ling Hut in Glen Torridon south to the summit of Beinn Liath Mhor is always OK. If further information is needed, please phone 01445 760383 or e-mail <a href="mailto:neilcoulin@gmail.com">neilcoulin@gmail.com</a> .
Sgorr nan Lochan Uaine and Sgurr Dubh (Torridon)	Coulin Estate. Stalking between mid Aug and 20 Oct. No stalking on Sundays. If further information is needed, please phone 01445 760383 or e-mail <a href="mailto:neilcoulin@gmail.com">neilcoulin@gmail.com</a> .
Liathach: Mullach an Rathain and Spidean a'Choire Leith	<a href="#">National Trust for Scotland</a> . No stalking issues. <sup>2</sup>
Beinn Alligin: Tom na Gruagaich and Sgurr Mhor	<a href="#">National Trust for Scotland</a> . No stalking issues. <sup>2</sup>
Beinn Dearg (Torridon)	Land south and west of ridge: <a href="#">National Trust for Scotland</a> . No stalking issues. <sup>2</sup>
Beinn Eighe: Ruadh-stac Mor, Spidean Coire nan Clach and Ruadh-stac Beag	Northern approach via Glen Grudie: Grudie & Talladale Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. No stalking issues when descending by Glen Grudie path late in the day (less than 2 hours before dusk). If further information is needed, please phone 01445 760259 or 07801 830552.  All other approaches, ridges and summits managed by Grudie & Talladale Estate, <a href="#">National Trust for Scotland</a> or <a href="#">Scottish Natural Heritage</a> . No stalking issues. <sup>2</sup>
Baosbheinn <sup>1</sup>	
Beinn an Eoin <sup>1</sup>	
Beinn a'Chearchail and Meall a'Ghiubhais	West of Druim Grudaidh: Grudie & Talladale Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. No stalking issues when descending by Glen Grudie path late in the day (less than 2 hours before dusk). If further information is needed, please phone 01445 760259 or 07801 830552.  East of Druim Grudaidh. <a href="#">Scottish Natural Heritage</a> . No stalking issues. <sup>2</sup>
Fionn Bheinn	Lochrosque Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. The route to the summit from Achnasheen via the Allt Achadh na Sine and Creagan nan Laogh is always OK. If further information is needed, please phone 07834 698809 or 07786 426775.
Slioch, Beinn Lair and Beinn Airigh Charr	Letterewe Estate. Stalking between last week in Aug and 20 Oct. No stalking on Saturdays or Sundays. The normal route up Slioch from Kinlochewe is always OK. If further information is needed, please phone 01445 760207 or e-mail <a href="mailto:barbaraletterewe@tesco.net">barbaraletterewe@tesco.net</a> .

A'Mhaighdean and Ruadh Stac Mor (Letterewe)	Upper eastern slopes, both summits and all land to west: Letterewe Estate. Stalking between last week in Aug and 20 Oct. No stalking on Saturdays or Sundays. If further information is needed, please phone 01445 760207 or e-mail <a href="mailto:barbaraletterewe@tesco.net">barbaraletterewe@tesco.net</a> .
Beinn Tarsuinn, Mullach Coire Mhic Fhearchair, Sgurr Ban and Beinn a'Chlaidheimh <sup>1</sup>	
Beinn a'Chaisgein Mor	All land west of Creag na Sgoinne, Creag-mheall Mor and Cadhachan Riabhach, including summit of Beinn a'Chaisgein Mor: Letterewe Estate. Stalking between last week in Aug and 20 Oct. No stalking on Saturdays or Sundays. If further information is needed, please phone 01445 760207 or e-mail <a href="mailto:barbaraletterewe@tesco.net">barbaraletterewe@tesco.net</a> .
Beinn Dearg Mor and Beinn Dearg Bheag <sup>1</sup>	
Creag Rainich	
The Fannaichs (west): Sgurr Breac and A'Chailleach	South of main ridge: Lochrosque Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. The circuit of both tops from the south (via An Sguman and the Allt Leac a'Bheallaich), approaching by the vehicle track on the south side of Loch Fannich, is always OK. If further information is needed, please phone 07834 698809 or 07786 426775.
The Fannaichs (central and east): Sgurr nan Each, Sgurr nan Clach Geala, Meall a'Chrasgaidh, Beinn Liath Mhor Fannaich, Sgurr Mor, Meall Gorm and An Coileachan	South of main ridge (An Coileachan-Sgurr Mor-Sgurr nan Clach Geala-bealach at NH175706): Fannich Estate. Stalking between early Sept and 20 Oct. No stalking on Sundays. Access to and from the main ridge by the south ridge of Meall Gorm (over Creag a'Choire Riabhach) or the south-east ridge of An Coileachan (via Pt 797m) is always OK. If further information is needed, please phone 01997 414318.
Beinn Liath Mhor a'Ghiubhais Li	
An Teallach: Sgurr Fiona and Bidean a'Ghlas Thuill <sup>1</sup>	
Sail Mhor (Dundonnell) <sup>1</sup>	
Beinn Ghobhlach (Little Loch Broom) <sup>1</sup>	
<b><i>North of the A835 (Garve-Ullapool road)</i></b>	
Ben Wyvis and Little Wyvis	Land west of summit ridge of <a href="#">Ben Wyvis</a> (including approach from Garbat) and southeast of An Cabar (including Pt 817m, but excluding land to the south of the Allt a'Bhealaich Mhoir) managed by <a href="#">Forestry Commission Scotland</a> and <a href="#">Scottish Natural Heritage</a> . No stalking issues. <sup>2</sup>
Beinn Enaiglair	Braemore Estate. Stalking between early July and 20 <sup>th</sup> October. No stalking on Sundays. If further information is needed, please e-mail <a href="mailto:ls@highlandssporting.com">ls@highlandssporting.com</a> .
Beinn Dearg, Meall nan Ceapraichean and Eididh nan Clach Geala	Land to south-west of Diollaid a'Mhill Bhrich-Beinn Dearg summit-Loch a'Choire Ghranda and Leac an Tuadh: Braemore Estate. Stalking between early July

	<p>and 20<sup>th</sup> October. No stalking on Sundays. If further information is needed, please e-mail <a href="mailto:ls@highlandssporting.com">ls@highlandssporting.com</a>.</p> <p>Land to north of Diollaid a'Mhill Bhric-Beinn Dearg summit-Loch Tuath, including Gleann na Sguaib approach: Inverlael Estate. Stalking between mid-August and 20<sup>th</sup> October. No stalking on Sundays. The approach path from Inverlael to Coire an Lochain Sgeirich is always OK. If further information is needed, please phone 01854 655274.</p>
<p>Cona' Mheall (Ross-shire), Am Faochagach and Beinn a'Chaisteil</p>	<p>Strathvaich Estate. Stalking between early July and 20<sup>th</sup> October. No stalking on Sundays. The approach track from Black Bridge to Beinn a'Chaisteal along Loch Vaich is always OK. If further information is needed, please visit <a href="http://www.strathvaich.com">www.strathvaich.com</a></p>
<p>Carn Chuinneag</p>	<p>Land to the south of Carn Chuinneag: Kildermorie Estate. Stalking between early July and 20<sup>th</sup> October. No stalking on Sundays. If further information is needed please phone 01349 883629.</p> <p>Land to the north of Carn Chuinneag: Glencalvie Estate. Stalking between early July and 20<sup>th</sup> October. No stalking on Sundays. If further information is needed please phone 01863 755383.</p> <p>The track from Glen Calvie to Strath Rusdale is always OK.</p>
<p>Seana Bhraigh</p>	<p>Land south-west of Gleann a'Chadha Dheirg and Loch a'Chadha Dheirg, including approach from Inverlael: Inverlael Estate. Stalking between mid-August and 20<sup>th</sup> October. No stalking on Sundays. The approach path from Inverlael to Coire an Lochain Sgeirich is always OK. If further information is needed, please phone 01854 655274.</p> <p>Land north-west of Gleann a'Chadha Dheirg including Leckmelm Bridleway to Strath Nimhe: Leckmelm Estate. Stalking between early July and 20<sup>th</sup> October. No stalking on Sundays. If further information is needed, please phone 0782 4807580. Please ensure that gates where there are sheep or cattle are left shut.</p> <p>Land north of Gleann a'Chadha Dheirg-Pt 906m-Creag an Duine-Pt 794m, including summit and northern (Strath Mulzie) approach: Corriemulzie Estate. Stalking between 1<sup>st</sup> August and 20<sup>th</sup> October. No stalking on Sundays. If further information is needed, please visit <a href="http://www.corriemulzieestate.com">www.corriemulzieestate.com</a> or e-mail <a href="mailto:info@corriemulzieestate.com">info@corriemulzieestate.com</a></p> <p>Land south-east of Loch a'Chadha Dheirg-Pt 906m-Creag an Duine-Pt 794m: Alladale Wilderness Reserve. Stalking between early July and 20<sup>th</sup></p>

	October. No stalking on Sundays. The approach path from Black Bridge along Loch Vaich to Deanich Lodge, and westward to Gleann Beag, is always OK. If further information is needed, please phone 01863 755338.
Carn Ban	<p>Land south-east of rim of Coire Mor, Pt 779m and Meall nam Madadh, including summit, and extending south to Gleann Beag: Alladale Wilderness Reserve. Stalking between early July and 20th October. No stalking on Sundays. The approach path from Black Bridge along Loch Vaich to Deanich Lodge, and westward to Gleann Beag, is always OK. If further information is needed, please phone 01863 755338.</p> <p>Land north-west of rim of Coire Mor, Pt 779m and Meall nam Madadh, including Coire Mor and Strath Mulzie approach: Corriemulzie Estate. Stalking between 1<sup>st</sup> August and 20<sup>th</sup> October. No stalking on Sundays. If further information is needed, please visit <a href="http://www.corriemulzieestate.com">www.corriemulzieestate.com</a> or e-mail <a href="mailto:info@corriemulzieestate.com">info@corriemulzieestate.com</a>.</p>
Ben Mor Coigach	<a href="#">Scottish Wildlife Trust</a> (except for land to east and south-east including Beinn Tarsuinn and approach from Blughasary). No stalking issues. <sup>2</sup>
Stac Pollaidh <sup>1</sup>	
Cul Mor and Cul Beag	Drumrunie Estate. Stalking between the beginning of July and 20 Oct. No stalking on Sundays. Access to Cul Mor and Cul Beag by the paths from the Knockan visitor centre to the east is always OK. If further information is needed, please phone 01571 844100 during office hours or e-mail: <a href="mailto:info@assyntfoundation.org.uk">info@assyntfoundation.org.uk</a> .
Suilven and Canisp	Glencanisp Estate. Stalking between the beginning of July and 20 Oct. No stalking on Sundays. Access to Suilven by the normal routes from Glencanisp Lodge to the NW and Inverkirkaig to the W is always OK. Access to Canisp by the main route from the A837 is also always OK. If further information is needed, please phone 01571 844100 during office hours or e-mail: <a href="mailto:info@assyntfoundation.org.uk">info@assyntfoundation.org.uk</a> .
Breabag <sup>1</sup>	
Ben More Assynt and Conival <sup>1</sup>	
Glas Bheinn (Assynt) <sup>1</sup>	
Quinag: Spidean Coinich, Sail Gharbh and Sail Gorm	<a href="#">John Muir Trust</a> . No stalking issues. <sup>2</sup>
Beinn Leoid	Reay Forest Estate: Stalking between early July and 20 October. No stalking on Sundays. If further information is needed, please phone 07739 626445 or email: <a href="mailto:david.allison@grosvenor.com">david.allison@grosvenor.com</a> .
Ben Stack	Reay Forest Estate: Stalking between early July and 20 October. No stalking on Sundays. Access by the path from NC 265438 (on the A838 near Lochstack Lodge) is always OK. If further information is needed, please phone 07739 626445 or email: <a href="mailto:david.allison@grosvenor.com">david.allison@grosvenor.com</a> .



Ben Klibreck	Land south of Cnoc Sgriodain-Carn an Fheidh ridge managed by <a href="#">Forestry Commission Scotland</a> . No stalking issues. <sup>2</sup>
Ben Hee <sup>1</sup>	
Meallan Liath Coire Mhic Dhughail	Reay Forest Estate: Stalking between early July and 20 October. No stalking on Sundays. If further information is needed, please phone 07739 626445 or email: <a href="mailto:david.allison@grosvenor.com">david.allison@grosvenor.com</a> .
Arkle, Foinaven and Meall Horn	Reay Forest Estate: Stalking between early July and 20 October. No stalking on Sundays. If approaching via the Airdachuilinn road to Lone, please leave vehicles in the car park by the white mail box approximately 400m north of Achfary on the A838 (NC298402). Access to Arkle or Foinaven by this route is always OK. If further information is needed, please phone 07739 626445 or email: <a href="mailto:david.allison@grosvenor.com">david.allison@grosvenor.com</a> .
Cranstackie and Beinn Spionnaidh	
Ben Hope <sup>1</sup>	
Ben Loyal <sup>1</sup>	